

Dent CE Primary Statement of Intent for PSHE, RSE and Citizenship

Intent

At Dent CE Primary, we aim to equip children with essential skills for life. Our comprehensive scheme of work for Personal, Social, Health and Economic Education (PSHE), Relationships and Sex Education, and Citizenship Education aims to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Successful PSHE curriculum coverage is a vital tool in preparing children for life in society now and in the future. Our PSHE and Citizenship units aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident citizens. The themes and topics support social, moral, spiritual, and cultural development and provide children with teaching on essential safeguarding issues, developing the knowledge of when and how children can ask for help.

Dent CE Primary's PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association **Programme of Study** which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. Our scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

Implementation

The three core areas of PSHE are delivered through twelve thematic units, each consisting of six lessons. The units are taught in a spiral curriculum that revisits each theme every two years. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Lessons signpost key words, building a rich vocabulary to develop understanding. The PSHE units are designed for delivery in a creative manner, using many approaches such as role play, discussion, and games, in groupings of various sizes. These activities enable children to build confidence and resilience. Teachers communicate with parents and carers about how and why each theme is covered and suggestions for extending the learning at home. The scheme is taught through a combination of teacher-led PSHE lessons, Kidsafe sessions and Heartsmart resources.

Assessment for learning opportunities are built into each lesson and enhanced by the baseline and summative assessment activities included in each unit, which enable self-evaluation and reflective learning and allow teachers to evaluate, assess and record progress. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity to build on prior learning, and ends with an opportunity to consolidate and reflect upon the lesson's learning objectives.

Impact

Through our scheme of work for PSHE, children take part in an effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust, and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their interactions within communities, from the classroom to the wider community of which they are a part. Dent CE Primary's PSHE scheme of work supports the active

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development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care, and contribute positively to the wellbeing of those around them.

Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face, ensuring that all children can develop the knowledge, skills, and attributes they need to succeed at school and in the wider world.