



Laning, Dent, Sedbergh, Cumbria. LA10 5QJ Tel:01539625259  
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Head Teacher: Mrs Nicky Edwards

### Activities during the Ormside Mill Residential ([www.ormsidemill.org.uk](http://www.ormsidemill.org.uk))

Depending on the weather these will include some, or all of the following:

- mountain adventure,
- archery,
- tree climbing,
- ghyll scrambling,
- problem solving,
- den building
- campfire.

#### **Equipment List**

##### **From the bottom up**

- Boots or approach shoes suitable for rough terrain (**can hire from centre**)
- Wellies
- Trainers x 2 (one pair for getting wet, one for wearing around the centre)
- 3 pairs of thick socks
- 2/3 pairs of tracksuit bottoms (not jeans)
- something for the legs for the evenings (trousers / leggings)
- Shorts for when it is hot (this happens all the time ;-)
- Underwear, 4 sets as might get wet during activities
- T-shirts long and short sleeve
- 2 jumpers - fleece is best, brushed cotton next best thing
- woolly hat
- gloves
- sun hat

##### **For the accommodation & sleeping**

- sleeping bag - those who are camping (**can hire from centre**)
- sleeping mat - those who are camping (**can hire from centre**)
- tooth brush and tooth paste
- shower gel (optional)
- PJ's
- 2 towels, one for activity one for keeping clean
- big bag to get it all there
- bin liner for wet / used clothes
- cuddly toy for sleeping!

**For the days out**

- waterproof tops and bottoms (**can hire from centre**)
- sun cream
- rucksack with 2 straps
- water bottle with screw lid
- packed lunch box (full of packed lunch)
- medicine your child is taking to be given to MRS EDWARDS with clear instructions

Please fill in the attached form to let us know if your child needs to hire any of the following equipment. Please circle if needed.

Thank you.

**Activities during the Ormside Mill Residential**

**Hiring of equipment request**

Name: \_\_\_\_\_

\_\_\_\_\_

- |                      |     |    |
|----------------------|-----|----|
| • Waterproof top     | Yes | No |
| • Waterproof bottoms | Yes | No |
| • Walking boots      | Yes | No |
| • Sleeping bag       | Yes | No |
| • Sleeping mat       | Yes | No |

**Activities during the Ormside Mill Residential**

**Hiring of equipment request**

Name: \_\_\_\_\_

\_\_\_\_\_

- |                      |     |    |
|----------------------|-----|----|
| • Waterproof top     | Yes | No |
| • Waterproof bottoms | Yes | No |
| • Walking boots      | Yes | No |
| • Sleeping bag       | Yes | No |
| • Sleeping mat       | Yes | No |